July.	
	The Satari
	then
Tea	Dar

English Breakfast Tea K1,400 Rooibos Tea K1,600 Green Tea K1,600 Fruit Tea (Please ask your waiter for flavours) K1,600 >><<<>>><<<>>><<<>>><< Coffee Instant Coffee K1,600 -Plunger Coffee K2,000 -K2,200 -K2,200 -K2,200 -K2,200 -K2,000 -K2,000 -K1,500-K3,800-Babyccino K800 -Redespresso K2,000 -Red Capp K2,000 -

Add a Syrup shot to your coffee for a touch of sweetness! Toffee Nut / Vanilla / Caramel / Hazelnut	K800 -
Irish Coffee	K4,500 - K4,500 -

Hot Chocolate Hot Chocolate Latte >><<>>><<	K2,200 - K3,800 -
Make it Cold	

Iced Chocolate Lattes	
Brazilian Hazelnut, Swiss Chocolate, Toffee Caramel Coffee Freezo (Sugar Lite) Iced Cappuccino Freezo	K4,500 - K4,500 - K4,500 -
Iced Coffee Black or with Milk	K2,000 -
With Cream	K2,600 -
With Ing angum	K3,800 -

With Cicam	
With Ice cream	
Iced Tea	
(Regular or Rooibos)	

Strawberry, Chocolate or Vanilla Milkshake	K4,500 -
>><<<>>><<<>>><<<	>><<

Seasonal Blast Fruit Smoothy Fruit, Yogurt, Bananas & Honey

K5,500 -

Diana's Fresh Tropical Juice	
A thick, tropical blend of fruit and juice	K2,800 -
Fruit Juice	
(Orange, Mango, Tropical or Apple)	K2,200 -
Cold Milk	K600 -
Sobo	K400 -
Lime Cordial	K800 -
Bottled Water	K800 -
Canned Soft Drinks	K2,000 -
Bottled Soft Drinks	K1,200 -
(Coke, Fanta, Sprite, etc.)	
Chapmans	K2,500 -
Rock Shandy	K2,500 -

The Gin Box

Our famous Gin Selection - Ask for our gin menu!

Prices range from K5,000 - K6,500 for a 35ml tot served over ice with tonic and a garnish to match.

"The perfect serve"

Green	K1,400 -
Chill	K1,800 -
Kuche Kuche	K1,400 -
Castel	K1,800 -
Special	K1,400 -
>><<<>>><<	
Savanna	YF2 (00

Savanna	K3,400
Dry	K3,400
Lite	K3,400
Hunters	KJ,400
Please ask your waiter for available impo	orted beers K2,800 -
Double MGT	
50ml tot with ice & lemon	K4,200
25ml tots	

25ml tots	
Smirnoff Vodka	
Malawi Gin	
KWV Brandy	K2,500 -
Johnny Walker Red Label	
J&B Whisky	K2,300 -
Jack Daniels	K2,500 -
Amarula	

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K2,500 - 50ml tot over ice

bottled wine	
House White by the glass 250ml	K7,800 -
House Red by the glass 250ml	K8,500 -
\	

Che Cake

Opening Times:

Monday - Friday 7am - 4pm

Saturdays 7am - 2:30 pm

>><<>>><<>>><<>>><<<>>><<>>><</>Pre-Orders, Takeaways & Bookings

Please call +265 1 757 120/ +265 999 24 30 48

The Land and Lake Cafe is available to cater for a variety of events. Please enquire inside for parties, venue hire, conference hire and private functions.





www.dzalanyama.net

The Land and Lake Safaris umbrella encorporates the Land & Lake Cafe, the Safari Bar and Dzalanyama Forest Lodge as well as all the social and environmental projects that goes with each unit.

These include, The Dzalanyama School Project, The Kachere School Project, The Dzalanyama Bamboo Project and The National Picnic Sites of Malawi.

Established in 1986, Land & Lake Safaris continue to be Malawi's oldest and most respected tour operator for the region and host a diverse range of travel options across Malawi, Zambia, Tanzania and Mozambique.

Our Land & Lake office can help you book accommodation across the region, assist with vehicle hires, can develop itineraries for you or your family and help with hiring camping equipment for you to get away from it all. Pick up a brochure for more inspiration!

Dzalanyama Forest Lodge is just 1.5 hrs outside of lilongwe and welcomes day visitors, campers and lodge stays on self-catering or fully catered stays.

Incredible miombo birding, walking, hiking and mountain bike trails. Find out more inside or check out the website!

Follow us!



K2,800 -









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K 9,400 -

K 8,300 -

K 8,300 -

K 3,500 -

Bacon, eggs (fried or scrambled), tomato, 2 slices of toast, fruit juice & tea or coffee.

Light Breakfas	t	B	i	te	S
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Toast (2 slices, white or brown) A Toasted Bagel	K2,200 - K3,500 -
Add a topping or two, or all of them:	
Smashed avo	K 1,200 -
Tomato (Cooked or Fresh)	K 350 -
2 Scrambled egg	K 1,600 -
2 Fried eggs	K 1,600 -
Feta cheese	K 3,600 -
Cheddar Cheese	K 3,800 -
Cream Cheese	
Bacon	
2 Pork Sausages	Contract Con
Baked Beans	the ball to the ba
Dunca Death IIIIIIIIIIIIIIIIIII	1,000 -

Jam K 450 -

Breakfast Wrap

GF Wraps available

Scrambled egg, bacon, cheese and tomato

Breakfast Panini

Fried egg, bacon, mozzarella toasted in a home-made ciabatta roll

Available All day!

Omelettes

Plain *Or*(Add a filling from the toppings above)

Veggie K **4,800** -

Mixed peppers, onion & tomato

Amelia's Omelette K 9,000 -

Cheese, peppers, bacon and jalapenos served with baked beans and a slice of toast.

Lunch

1	Perfect for Sharing	
	Loaded Nachos	K 7,000
ľ	Jalapenos, bacon, cheese & salsa	
í	Sesame Crisps, Guac & Salsa	K 4,800
ı	Onion rings	K 4,800

The Lunch Bagel

Toasted and served with a side salad and your choice of chicken, ham, cheese, bacon or tuna.

K 7,200 -

K 8,000 -

Perfect Panini's

Our home-made ciabatta rolls toasted and served with a side salad.

CBA - Chicken, bacon & avocado BMT - Bacon, mozzarella & tomato Tuna Melt - Tuna mayo, mozzarella, onion & parsley

Veggie - Pesto, mozzarella, avocado & tomato

The Standard 1/2 K4,600

The Summer K 9,400 -

The Tuna Melt K 9,400

Tuna, tomato, onion, jalapenos, lemon, cheese and 1/2 K6,500

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Quite the Quesadillas (GF available)
Two of our home-made tortilla wraps generously

served with a salad and a side dip!

Peppers, onions, tomato & cheese

or sun-dried tomatoes

quesadillas!

K 8,500 -

Nice & Toastie

Mozzarella, Cheddar & Feta

Mince, mozzarella, avo & beans

K 9,500 - >><<<>>><<

Mozzarella, Tomato & Basil

Chicken, Mayo & Onion

Tuna, Mayo, Sweetcorn

Spinach & Mozarella

The Salad Bar

filled, sandwiched together and cooked till crisp,

Peppers, onions, tomato, cheese, chicken & olives

K 10.200 - Butternut, spinach, feta, mozzarella, onion, olives 1/2 K6,500

Not so hungry? Order a half portion of any of our

Bread with your choice of filling and toasted to

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Freshly prepared full bowls with a mixture of salad

Simply Salad K 4,000

Feta & Olive K 8,500

perfection, served with a side salad and chips

11 0,7

K 6,800 -

K 9,400 -

K 9,400 -

1/2 K6,500

1/2 K6,500

K 7,800 -

The Complete Bagel

Toasted and crammed with bacon, mozzarella, tomato & basil served with a side salad.

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Bang Bang Burgers

All burgers are topped with crispy onion rings and served with chips and coleslaw

Sriracha Chicken and Bacon Classic Beef Burger with Cheese Crispy Fried Chicken Burger with Cheese BBQ Chickpea & Sweet Potato

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Chicken Safari Wrap (GF available)

The old favourite, home-made tortilla wrapped around chicken, sweet chili mayo, crunchy salad, cheese and K 8,500 - avo.

Mediterranean Chicken or Veg (GF available) Chicken or chickpea, lettuce, tomato, red onion,

Chicken or chickpea, lettuce, tomato, red onion, cucumber, feta, olives and red pepper, served with a tzatziki and an avo salad.

Spicy Chicken Wrap (GF available)

Spicy chicken pieces wrapped up with cheese and lettuce, served with guacamole, sour cream, salsa & spicv rice.

Buy to take home

Kambuzi Chili

We sell packs of some of our famous home-made goodies. Sesame Crisps K 2,500 -

 Nachos
 K 2,500

 Pack of 5 bagels
 K 4,800

 Pack of 6 wraps
 K 3,800

 Johns Cookies
 K 800

 Sweet Chili Mayo
 K 3,000

K3,000-

K3,500

Taco Bowl

Imagine all the happiness in a taco put in a bowl. Your choice of shredded chicken or beef taco mince with spicy rice, lettuce, avo, tomatoes, onions, beans, sweet corn, sour cream, salsa, coriander.

Served with a soft tortilla.

K 9,1



K 8,700 - Add a little, or Build your Baked Potato
Add some extras to your salad, sandwich or plate!

Baked Potato

g.	
Bacon	K 3,200 -
Chicken	K 3,200 -
Tuna	K 3,200 -
Cheddar Cheese	K 3,800 -
Feta Cheese	K 3,600 -
Avocado	K 1,200 -
Sweet Corn	K 1,800 -
Olives	K 2,200 -

With a side salad and your choice of filling: K 4,000 -

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Sweets	
Lemon drizzle cake	K 4,000 -
Sour cream, pecan & cinnamon cake .	K 4,100 -
Decadent chocolate cake	K 4,300 -
Muffin of the day	K 2,800 -
>><<<>>><<	(0)><<
Apple pie	K 4,000 -
Waffles	K 2,900 -
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Ice cream scoops	K 2,600 -
Ask your waiter for flavours	
>><<<>>><<	>><<
Chocolate sauce	K 1,200 -
Cream	K 1,500 -
Golden syrup	K 1,200 -
Berries	K 2,200 -

Child Friendly

Fish fingers	K 5,100 -
(With baked beans and buttered bread)	
P,B&J sandwich	K 2,500 -
Toasted sandwich	K 4,900 -
(Choose cheese, tuna mayo or chicken mayo)	
Scrummy hot dog	









..... K 8,500

